

Patient Name:

Date:

PATIENT HEALTH QUESTIONNAIRE
(PHQ-2)

Over the last 2 weeks, how often have you been bothered
by any of the following problems?
(Use “✓” to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. <i>Little interest or pleasure in doing things</i>	0	1	2	3
2. <i>Feeling down, depressed, or hopeless</i>	0	1	2	3

PHQ-2 Total Score: _____

0–2: Negative screen / Depression unlikely
3–4: Positive screen / Possible depression
5–6: Strong positive screen / Depression likely

*If score is 3 or greater, consider administering the PHQ-9 and/or proceeding with treatment interventions

Clinician Name

Clinician Signature